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# Women's Center newsletter, September 25-October 1, 1986

Eastern Washington University. Women's Center

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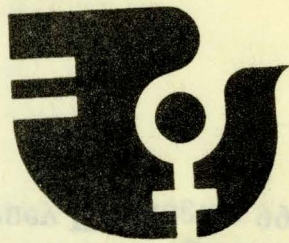
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# The Women's Center is for Everyone



EWU Women's Center  
Monroe 114  
359-2847 (Cheney)  
458-6327 (Spokane)

## NEWSLETTER

Welcome to Eastern Washington University's Women's Center. We are located on the first floor of Monroe Hall in Room 114 and are open from 8:30-4:30 daily. All University students, staff, faculty, and local community members are invited to drop in to have a cup of coffee, study, or participate in any of the programs or activities sponsored during the year. We maintain a library and topical file on issues relating to women, make referrals to a variety of University departments and local agencies, and arrange for counselling services and support groups. If you are interested in meeting our staff and learning more about what the Women's Center has to offer, please stop by.

## PROGRAMS

Thursday, September 25, 1986, 2:30-4:30 p.m., Monroe 114

Welcome Reception: Everyone is invited to meet with new faculty, staff, and students, renew old friendships, and enjoy special refreshments.

Tuesday, September 30, 1986, 12 Noon-1 p.m., Monroe 114

Media Stereotypes: This program brings together a film and slide show depicting how women and men are stereotyped in advertising. The classic Killing Us Softly challenges us to see the link between the media's images of women and the effect of these images on women's self-concept, consequent self-destructiveness. In a similar fashion Stale Roles and Tight Buns focuses on advertizing definitions of "real men" and how men suffer from such images. Both address sexuality, role limits, and the perpetuation of violence.

Wednesday, October 1, 1986, 12 Noon-1 p.m., Monroe 114

For Adults Only: A new Student's Guide to Gaining Confidence. The primart barriers for adults returning to school are a lack of self-confidence and uncertainty about competing with younger students. Rev. Lin Ackley, an EWU academic counselor, who has worked with adults on assertiveness, self-esteem, anger control, self-healing, and meditation will explore these concerns and discuss ways to increase confidence in your skills and ability.

## ANNOUNCEMENTS

Register to vote in the general election, November 4, 1986. Bring identification or previous registration to the Women's Center, Monroe 114, 1-4 p.m., Monday through Friday. Friday October 3rd, is the last day to register.

Rape Crisis Network needs volunteers to assist in the 24-hour sexual assault crisis line. Volunteers receive training and supervision. Contact Dee at 327-7761.

WomanHealth, a clinic providing quality obstetric, gynecologic and related health care to women of all ages is offering a series of four seminars this fall on women and health: teen years; 20's and 30's; 40's and 50's; 60's and beyond. The series is co-sponsored with Deaconess and more information is available by calling 747-1055.

Campus Escort service is available in the evenings if you are walking to your car or dormitory. Call x6300. Security requests that community members walk on well lit streets rather than taking short cuts.



Northwest Women's Studies Association Conference  
October 16-19, 1986

EWU will host this year's Northwest Women's Studies Association Conference, October 16-19, 1986. The theme of the Conference is "Women as Community Builders: Locally and Globally," and sessions will address a variety of women's activities which result in creating, preserving, reforming or re-creating the social groups in which we all live.

There will be three exciting keynoters, co-sponsored with Associated Students, EWU Creative Writing Program, and the Washington Commission for the Humanities. Dr. Nawal El-Saadawi is Egypt's best known feminist, and an international activist, as well as the author of numerous works on women; Dr. Nancy Hartsock is a professor of Political Science and Women's Studies at University of Washington, and the author of Money, Sex and Power. Olga Broumas is a poet and translator, the author of a number of books and the co-founder of Freehand, Inc., a community of women artists and writers.

Special events include a coffee house, fiction and poetry readings, a concert by both Australian writer and singer Judy Small and Seattle's Motherlode, and a Celebration Run.

The NWWSA encourages student participation, and there will be student presenters on the panels. Registration for students is \$10 and \$40 for non-students if you register by October 1st. Low income scholarships are also available. For further information and registration forms, contact the Women's Center, Monroe 114, ext. 2847, or 458-6327 (Spokane). We encourage student volunteers who are interested in helping with the conference. Also we will need community housing (in Cheney or Spokane) to house conference participants. Please call 458-6327 (from Spokane) or 359-2847 (from Cheney) to volunteer your time or housing.

Women's Center Staff

Lee Swedberg, Director  
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Carol Vines, Program Assistant  
Penne O'Donnell, H.O.M.E. Coordinator  
Jessica Miller, H.O.M.E. Assistant Coordinator

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